

Add-on Course, 2022
D.T.P.
Dept. of Assamese

Time-2 hour Total marks-50

Q1. Answer the following questions: 2x5=10

- a) Define icon.
- b) What is title bar?
- c) Differentiate between copy and move.
- d) What is cursor?
- e) What is screen saver?

Q2. What is shortcut key in MS word. Write about the functions of following shortcut keys- 2.5x4=10

a) Ctrl +A b) Ctrl+B c) Ctrl+C d) Ctrl+P

Q. 3 : Practical 30

LAKHIMPUR TELAHI KAMALABARIA COLLEGE



লক্ষীমপুৰ তেলাহী কমলাবৰীয়া মহাবিদ্যালয়

P.O. AZAD, NORTH LAKHIMPUR

ESTD : 1977

Sl. No. LTKC/0001

Date: 25/06/2021



CERTIFICATE

This is to certify that

Rajib Hazarika

has completed the

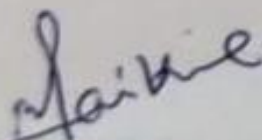
Add on course on D.T.P. (30 hrs)

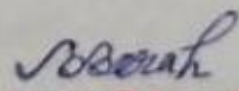
conducted by the Deptt. of Assamese

and

approved by

Dibrugarh University, Dibrugarh
from this College.


(Dr. B.K. Saikia)
Principal


Course Coordinator

L.T.K. College, Azad, North Lakhimpur

Principal

L.T.K. College, P.O. Azad
North Lakhimpur

Add-on Course Education for Well Being and Happiness Department of Assamese

Aims and Objectives:

- To familiarize the students with their personality traits by conducting different psychological tests.
- To help the students to analyse their Gratitude and their personality.
- To help the students to analyse their empathy and sympathy.
- To help the students to analyse their strengths and weakness of their personality.
- To give support to students to cope up with the challenges which will arise in students' life.
- To provide guidance and counselling to students for their overall personality development.
- To boost self-confidence and discipline among the students.

Education for Well being and Happiness

Total Classes : 30
Marks : 50 (Theory=30)
(Practical=20)

Aims and Objectives :

One of the primary aims and objectives of education are to make the learner a better human being and thus to build a better human society. A better human being can be one who has a good concept of well being and happiness. To promote the well being and happiness among the students the add on course 'Education for Well Being and Happiness' is proposed to be introduced from the session 2022-23

Unit 1 : Understanding well being and happiness	Class	Marks
1.1 Well being and happiness as an aim of education	2	
1.2 Positive outcomes of being well and happy	2	10
1.3 Dimensions of well being	2	
Unit 2 : Building Well being by Practicing gratitude		
2.1 Understanding gratitude	2	
2.2 Benefits of being grateful	2	10
2.3 Gratitude Practices (Gratitude prayer, Gratitude letter, gratitude journey, gratitude diary, being thankful)	8	
Unit 3 : Building Well being by Practicing Resilience		
3.1 Understanding Resilience	2	
3.2 Positive outcomes of being resilient	2	10
3.3 Resilience practices (resilience talk, resilience tour etc)	8	

References ;

- কৃতজ্ঞতা: ড° প্রজ্ঞা বড়াগোহাই
- জীবন কলা: প্রহ্লাদ কুমার বৰুৱা
- সুস্থ জীবনৰ বাবে: ড° ৰণদীপ বড়া
- ব্যক্তিগত বিকাশৰ কৌশল: ড° লীৰাজনা মহন্ত বেজবৰা

← Class Diary

HS
UG
PG

227. - 2022-06-08 - 12:49:00 pm
- 4th Semester
- Topic: Education for Wellbeing and Happiness Exam

226. - 2022-06-08 - 12:48:00 pm
- 2nd Semester
- Topic: Education for Wellbeing and Happiness Exam

225. - 2022-06-08 - 12:47:00 pm
- 6th Semester
- Topic: Education for Wellbeing and Happiness Exam

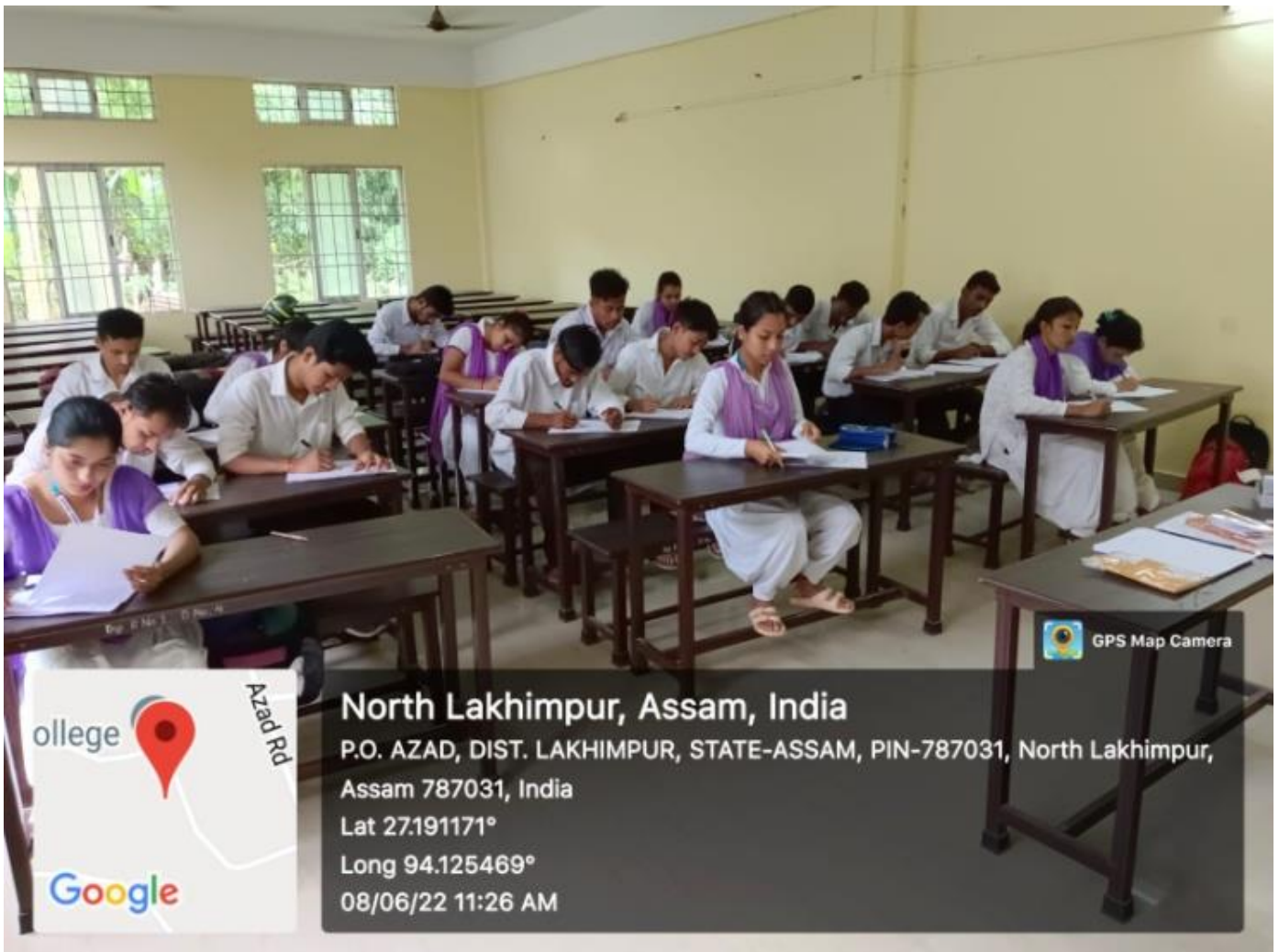
224. - 2022-06-01 - 10:01:00 am
- 4th Semester
- Topic: Education for Wellbeing & Happiness

223. - 2022-05-31 - 10:48:00 am
- 6th Semester
- Topic: Duwar

222. - 2022-05-30 - 01:39:00 pm
- 4th Semester
- Topic: Education for wellbeing and Happiness

221. - 2022-05-30 - 01:15:00 pm

Home
 Class Diary
 Notes
 Profile
 Exit App



Time Schedule of Add On Course (Dept. of Assamese)
Education for Wellbeing and Happiness

<u>Day</u>	<u>Time</u>
Monday	12.45 PM
Wednesday	12.45 PM
Friday	12.45 PM
Saturday	11 AM

Ranay
8/06/2022

L.T.K. COLLEGE, AZAD
Sessional Examination 2022
Class: B.A. 6th Semester
Course: Stream: Add
Name: Lipika Dutta
Class Roll No: 20
Add-On Course Exam
Education for Wellbeing and Happiness

27
30



Add On Course Examination, 2022
Department of Assamese
Paper : Education for Well Being and Happiness
(Theory)

Time : 1.30 Hours

Marks : 30

- কৃতজ্ঞতা মানে কি? কৃতজ্ঞতা সম্পর্কে এটি সাধাৰণ পৰিচয় আগবঢ়োৱা। ৫+৫=১০
 - কৃতজ্ঞতা পাঠ্যনা অনুশীলন কৰি তোমাৰ মনত কেনেধৰণৰ প্ৰতিক্ৰিয়া সৃষ্টি হৈছিল সংক্ষিপ্তকৈ লিখা। ১০
 - তোমাৰ আপোন অথবা প্ৰিয় ব্যক্তিক লৈ কৃতজ্ঞতা জনাই এখন চিঠি লিখা। ১০
- অথবা
- WWW মানে কি? তোমাৰ জীৱনত লাভ কৰা পাঁচটা ভাল লগা অভিজ্ঞতাৰ কথা উল্লেখ কৰা। ১০

নাম কমন লৰা/ছোৱালী

শ্ৰীমতী নিপিকা দত্ত, বয়স = ২২, ছোৱালী

তলৰ উক্তিবিলাক সন্মোষণৰে পঢ়া জাৰু তোমাৰ অভিজ্ঞতা তলত দিয়াধৰণেৰে উদ্ভাৱন কৰা।

- যদি উক্তিটো একেবাৰে পুৰাকৈ মানি লৈছা, তেন্তেহলে (ক)
- যদি তুমি উক্তিটো কিছু পৰিমাণে মানি লৈছা, তেন্তেহলে (খ)
- যদি তুমি একো সিদ্ধান্ত ল'ব পৰা নাই, তেন্তেহলে (গ)
- যদি তুমি উক্তিটোৰ লগত কিছু পৰিমাণে সন্মত, তেন্তেহলে (ঘ)
- যদি তুমি উক্তিটো একেবাৰে মানি ল'ব পৰা নাই, তেন্তেহলে (ঙ)

উক্তি:

(১) মোৰ জীৱনটোত কৃতজ্ঞ হ'ব লগাকৈ বহুত সিদ্ধান্তি আছে।

উত্তৰ:—(ক)

(২) মিসকলৰ ওচৰত সন্নি কৃতজ্ঞ, সেই সকলোবোৰৰে এখন তালিকা বনাবলৈ হ'ল হি স্বৰ দীৱলীয়া হ'ব।

উত্তৰ:—(খ)

(৩) সন্নি পৃথিৱীখনত কৃতজ্ঞ হ'বৰ জোমাৰে একোকে হেমা নাপাওঁ।

উত্তৰ:—(ঙ)

(৪) সন্নি বহু সদস্যৰ ওচৰত কৃতজ্ঞ।

উত্তৰ:—(গ)

Add On Course Examination, 2022
Department of Assamese
Paper : Education for Well Being and Happiness
(Practical)

Time : 30 Minutes

Marks : 20

নাম: _____ ল'ৰা নে ছোৱালী: _____
শ্ৰেণীৰ নাম: _____

তলৰ উক্তিবিলাক সন্মোষণৰে পঢ়া জাৰু তোমাৰ অভিজ্ঞতা তলত দিয়া ধৰণেৰে উদ্ভাৱন কৰা।

- | | |
|--|----------|
| ১. যদি তুমি উক্তিটো একেবাৰে পুৰাকৈ মানি লৈছা তেন্তেহলে | (ক) লিখা |
| ২. যদি তুমি উক্তিটো কিছু পৰিমাণে মানি লৈছা তেন্তেহলে | (খ) লিখা |
| ৩. যদি তুমি একো সিদ্ধান্ত ল'ব পৰা নাই তেন্তেহলে | (গ) লিখা |
| ৪. যদি তুমি উক্তিটোৰ লগত কিছু পৰিমাণে সন্মত তেন্তেহলে | (ঘ) লিখা |
| ৫. যদি তুমি উক্তিটো একেবাৰে মানি ল'ব পৰা নাই তেন্তেহলে | (ঙ) লিখা |

মোৰ জীৱনটোত কৃতজ্ঞ হ'ব লগাকৈ বহুত সিদ্ধান্তি আছে।

মিসকলৰ ওচৰত সন্নি কৃতজ্ঞ, সেই সকলোবোৰৰে এখন তালিকা বনাবলৈ হ'ল হি স্বৰ দীৱলীয়া হ'ব।

মই পৃথিৱীখনত কৃতজ্ঞ হ'বৰ জোমাৰে একোকে হেমা নাপাওঁ।

মই বহু মানুহৰ ওচৰত কৃতজ্ঞ।

বহুত মানুহ মোৰ লগত মোৰ জীৱনত বহু মানুহ, ঘটনা, প্ৰতিভা আদিৰে প্ৰতি মই কৃতজ্ঞ আনুভৱ কৰিব পৰা হৈছে।

এই কথা বহু দৈৱিকত মোৰ মনলৈ আহে যে মোক সহায় কৰা জনক মই কৃতজ্ঞতা জনাব লাগিছিল।

মোৰ হৈ কিবা এটা কৰিলে সুখীয়েই নহৈ কাৰোৰক ধন্যবাদ জনাব লাগিব সুখী কথা নহি।

Outcome

After completing the course on “Education for Well Being and Happiness” enrolled students

1. Have learnt to express their gratitude
2. Have learnt to lead a life of happiness and peace.
3. Have learnt to express their empathy and sympathy towards other
4. The course has created a helpful and cooperative mind among the students

Report of Field Visit:

Session: 2016-17

The department of Assamese, L.T.K College had conducted a field study to Majuli on 13th March, 2017, the cultural heritage of world. There are a large numbers of Satras in Majuli. Satras have significance values in Assamese culture. Majuli the hub of Neo-Vaishnavite culture has got 65 Satras originally. However at present there are only twenty two Satras in Majuli. Dakshinpat Satra, Sri Sri Aaouniati Satra, Uttar Kamalabari Satra, Garhmurh Satras were visited by the faculties and students of the department. The Dakshinpat Satra is a very popular Satra on the Majuli island of the Satra of Assam.



Name of Students : Roll Nos

1. Jahnabi Borah	03
2. Dipti Saikia	09
3. Bhabani Saikia	11
4. Shilpi Gogoi	14
5. Lakhyajit Handiqui	18
6. Priyanka Borah	20
7. Popi Borgohain	26
8. Popi Nath	48
9. Mridusmita Boruah	51
10. Mauman Hussain	56
11. Madhu Sonowal	59
12. Pronami Chetia	61
13. Munmi Borpatra Gohain	85
14. Padumi Dutta	91
15. Monika Saikia	101
16. Chitrlekha Dutta	102
17. Janmoni Gogoi	111
18. Papu Dutta	113
19. Dimpi Mahanta	116
20. Bhaswati Borgohain	129
21. Puja Sonowal	148
22. Mirarani Pegu	156

Session: 2017-18

The department of Assamese, L.T.K College had visited the Shillong , capital of Meghalaya, one the most natural beautiful hilly place of the world. We visited the place from 23rd October to 25th October, 2017. All the teachers and students of our department had took participation in that academic tour to getter more and more natural knowledge of the beautiful place of our country as well as North East India. It was a exciting experience for all the faculty members of our department.



Name of Students :

Roll Nos

1. Joyshree Baruah	02
2. Madhu Handique	17
3. Pubali Borah	29
4. Swapna Pegu	30
5. Bhuban Saikia	32
6. Sikhamoni Dutta	40
7. Pranab Boruah	41
8. Manjumoni Borah	42
9. Chumchumi Borah	43
10. Gitumoni Borah	45
11. Khitijotshna Bhuyan	48
12. Pinki Saikia	50
13. Dipti Nath	55
14. Pranabjyoti Roy	58
15. Mondip Sonowal	67
16. Sangita Saikia	75
17. Bonti Boruah	88
18. Pallabi Pawe	89
19. Jadumoni Das	94
20. Sanjoy Keot	96
21. Pranjit Das	105
22. Dipti Doley	111
23. Basabi Doley	148
24. Manuj Borgohain	162
25. Manash Dutta	165

Session:2019-20

The department of Assamese, L.T.K College had conducted a field study topic on 'Assamese Folk Literature' on 23rd February, 2020 at Mahara Borchapori village of Lakhimpur block of Lakhimpur District, Assam. By keeping views to getter new knowledge about the Assamese folk literature of that respective area. From the study we have fully successful to fulfill our objectives of the field study.



Name of Students : Roll Nos

1. Rubi Chutia	04
2. Sabita Dutta	17
3. Marami Gogoi	20
4. Karuna Khanikar	26
5. Juchi Dutta	29
6. Lakhi Saikia	32
7. Jyoti Pachani	47
8. Chayanika Goswami	57
9. Liki Borah	83
10. Namita Dutta	95
11. Momin Ali	140
12. Dipankar Saikia	149
13. Jupi Boruah	179
14. Raju Saikia	190

Session:2021-22

7.02.2022, The department of Assamese, L.T.K College go to the Positive Education and Research centre Vidya : The Living School, Subahi, Dhemaji. A Long research and experiment, they had established a modern, positive, alternative education and research institute with new practical and timely thoughts and philosophy. Vidya : The Living School Speciality :

- The subject matter of traditional skills are provided by using alternative pedagogy.
- Well-being skill is taught.
- Livelihood skill are taught.
- Environment values are taught.
- Smart Classroom
- Open Stage
- Different Campuses.



Name of Students	Roll Nos
1. Lipika Dutta	20
2. Kiran jyoti Das	178
3. Pulin Kurmi	86
4. Bhayolina Boruah	101
5. Himashi Nath	32
6. Rajib Hazarika	48
7. Kalayani Gogoi	66
8. Krishna Das	49
9. Ankita Saikia	65
10. Bishal Bora	27
11. Gitartha Saikia	28
12. Farida Begum	203
13. Manuj Gogoi	11
14. Karishma Nath	07
15. Champak Kalita	262
16. Himashri Das	109
17. Deepsikha Saikia	207
18. Barsha Borah	208
19. Rashi Rekha Das	81
20. Deepsikha Das	62
21. Parishmita Das	176
22. Punananda Saikia	70
23. Jyotishmoy kr. Nath	203
24. Junmoni Nath	15
25. Hiramoni Das	14